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NEWS

January 2023

Support for Carers

With the support of Suffolk Community Foundation and funding* from Suffolk County Council, Lofty Heights CIC provides specialist support to support carers.

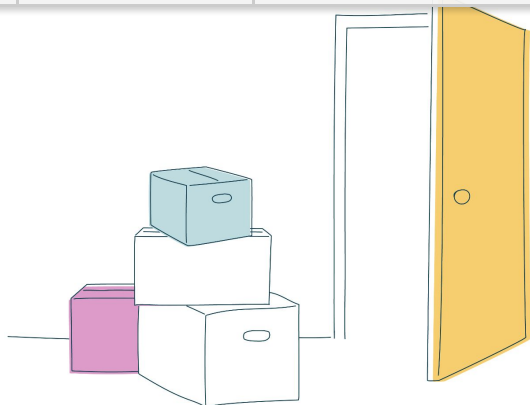
[Learn more here](#)



Aptly named the 'Breathing Space Carers Project', funding covers a whole host of services designed to make life that little bit easier and give you 'room to breathe'.

* funding is limited & available in a first come first serve basis to carers

Our other Services



House Clearance

A house clearance can be a huge task, especially for people living alone who may have a lifetime's worth of possessions or for families who have just lost someone.

[Learn more here](#)



Help with Hoarding

Most of us like to hold onto things that we feel attached to or that hold special memories, but for some people, attachment to possessions can become a real hindrance to everyday living.

[Learn more here](#)

Our Process

The Breathing Space grant is all about what you need as a carer. So if you need your garden neatened up because it makes you feel bad to see it neglected, the grant could cover this. Likewise, you might be having to downsize and need help clearing and sorting through items in your loft. If your 'need' involves improving or changing your home or garden, the chances are that we'll be able to help.

Our website outlines a step by step guide to our process. To learn more

[Click here](#)



At Lofty Heights CIC, we regularly come across other useful resources that may benefit the people we help. We have put together a list of other charities and organisations that may also assist you on our [Helpful Information Page](#).

Your Lofty Heights Team



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